

# NITRO SPORTS ACADEMY FACILITY RULES

EFFECTIVE JANUARY 2026

## *Welcome to Nitro Sports Academy!*

*We want your experience to be a positive one. To ensure a safe, organized, and respectful environment for everyone, please read and follow the rules below.*

### **FACILITY ACCESS & RESERVATIONS**

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- When entering the facility, ensure the door remains locked, except during instructor-led lessons.
- Reservations are required prior to entry. Please text (615) 870-8077 to request a time slot.
- Do not ask what is available; please state the time you would like to come.
- You will receive confirmation with your assigned time and cage number.
- Requests must be made no later than 9:00 PM for same-day scheduling.
- All time slots are 30 minutes in duration.
- If your time expires and the cage is not reserved, you may remain longer. If another cage is open, you may use it as well.

### **EQUIPMENT & FACILITY USE**

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- Members may use the TV, speaker (must remain on the windowsill, not inside cages), radar gun and training equipment.
- Please return the radar gun before leaving.
- When performing tee work, turn the L-screen sideways to prevent damage.
- No gum, seeds, or flavored drinks are allowed on any turf area.
- Tennis shoes, sneakers, or turf shoes only are permitted in training areas.

### **SAFETY & SUPERVISION**

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- Parents with young siblings must remain out of all cages, including pitching areas.
- Young children may not play with training balls, mats, or equipment. Do not remove stools or ball carts from cages.
- Baseballs in the pitching area must remain in their baskets.

### **CLEANLINESS & RESPECT**

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- All balls, bats, and training equipment must be picked up and returned after use.
- Do not bring trash from outside into the facility or dispose of it in Nitro trash containers.

### **BEFORE LEAVING**

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- Clean the cage area of bottles, paper, and debris.
- Turn off facility and bathroom lights.
- Ensure the door switch is up and confirm the door is securely closed from the outside.

## GUESTS, WAIVERS & FEES

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- No one may enter a cage without a signed waiver.
- One (1) guest is allowed per member. Guest fee is \$20.00, payable by cash, check, or Venmo.
- Payments should be placed in the blue box on the mini-fridge.

## CONDUCT & RESPONSIBILITY

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- Absolutely no cursing in the facility. Please remember children are present.
- Any damage to equipment or mats may result in replacement charges, based on cause.
- Memberships are for individual training only and are separate from team training.

### IMPORTANT NOTICE

*A few incidents have required us to reinforce expectations. Please understand that when issues arise, security cameras may be reviewed. These rules are part of our insurance compliance requirements and are intended to prevent unsafe or harmful situations. We are extremely happy to have you as part of the Nitro community. Please take full advantage of the facility to continue growing as a player.*